

## REST OF HEAVEN: SESSION #2 LESSON OUTLINE



### WHEN IS **BUSY** A DIRTY WORD?

#### **Definition:**

Actively or Fully Engaged or Occupied

#### **Opposites/Synonyms:**

Quiet, Calm, Slow, Peaceful, Serene

Idle, Lazy, Inactive, Unengaged

#### **Main Scripture: Luke 10:38-41**

38 Now while they were on their way, it occurred that Jesus entered a certain village, and a woman named Martha received and welcomed Him into her house. 39 And she had a sister named *Mary, who seated herself at the Lord's feet and was listening to His teaching.*

40 But **Martha [overly occupied and too busy] was distracted with much serving;** and she came up to Him and said, Lord, is it nothing to You that my sister has left me to serve alone? Tell her then to help me [to lend a hand and do her part along with me]! 41 But the Lord replied to her by saying, **Martha, Martha, you are anxious and troubled about many things;**

#### **When BUSY is a DIRTY Word**

1. Defines your Purpose or Identity
2. Barrier to Intimacy with God (Serving vs. Listening)
3. Leads to Distraction and Burn-Out
4. Loads you down with Burdens and Cares
5. Replaces True Worship and produces a False or Shallow Worship of God

#### **CAUTION:**

Isaiah 58:1-5 (Message): <sup>1-3</sup>“Shout! A full-throated shout! Hold nothing back—a trumpet-blast shout! Tell my people what’s wrong with their lives, face my family Jacob with their sins! **They’re busy, busy, busy at worship, and love studying all about me.** To all appearances they’re a nation of right-living people—law-abiding, God-honoring. They ask me, ‘What’s the right thing to do?’ and love having me on their side. But they also complain, ‘Why do we fast and you don’t look our way? Why do we humble ourselves and you don’t even notice?’ “Well, here’s why “The bottom line on your ‘fast days’ is profit. You drive your employees much too hard. You fast, but at the same time you bicker and fight. You fast, but you swing a mean fist. The kind of fasting you do won’t get your prayers off the ground...”



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### Questions to Ponder:

1. What is their problem in Isaiah 58?
2. What can you learn from Isaiah 58?
3. What does Jesus say He wants from us? Read Luke 10:42
4. What fills your day / week / month?
5. When is BUSY a Good thing in your life? When is BUSY a DIRTY word in your life?